

1 ONSLOW AVE  
LAKE HAYES ESTATE  
03 441 4074  
info@thehayes.co.nz



ALL FOOD AVAILABLE FOR  
TAKEAWAY  
CALL TO ORDER FOR PICK UP  
OR TO BOOK A TABLE

## BRUNCH

Available until 12pm

**HAYES BIG BREAKFAST - GF & DF option** \$27

Sourdough or wholegrain toast, two free-range eggs, sausage, bacon, 2 x hash browns, mushrooms & baked beans

**EGGS BENEDICT - GF on request** \$20

English muffin, poached free-range eggs, fresh spinach & hollandaise

Choose from bacon, mushroom or **add \$2 for smoked salmon**

**SMASHED AVOCADO - GF DF & VG** \$18

Sourdough or wholegrain, poached free-range eggs, crushed avocado, lemon feta & cherry tomatoes

**HEART ATTACK LOADED BREAKFAST SANDWICH** \$20

Bacon, 2 x fried egg, 2 x hashbrowns, cheese, relish & hollandaise

**FRENCH TOAST - GF & VG on request** \$18

Bacon, banana, vanilla bean mascarpone, berry compote & maple syrup

**BIRCHER MUESLI - VEGAN** \$18

Homemade bircher muesli served with coconut yoghurt, berry compote & fresh fruit

**CORN FRITTERS - DF & VG on request** \$20

Traditional corn fritters with salsa & sour cream

Choose avocado or bacon

With both avocado & bacon \$25

**FARMERS BOWL - GF DF & VG on request** \$20

Wholegrain toast, wilted greens, poached eggs, avocado, cherry tomatoes, mushrooms

Add bacon or salmon \$25

## LUNCH

Available from 12pm until 3pm

**CHICKEN STACK** \$25

Chicken stir-fry with cashews, broccoli, carrots, onion, sweet chili soy sauce & egg noodles

**PULLED PORK SANDWICH** \$26

BBQ pulled pork, creamy slaw, jalapeño and pickles. Served with fries

**CHICKEN & QUINOA SALAD - GF** \$20

Greens, kumara, Quinoa, roast almonds red grapes, avo & lemon dressing **add \$5 for grilled chicken**

**BEEF BRISKET SANGA** \$26

Beef brisket slow cooked in gravy, lettuce, cheese, slaw & pickles. Served with fries

**FISH & CHIPS - GF & DF on request** \$29

Battered Gurnard, shoestring or steak cut chips, salad, tartare sauce and fresh lemon

**NACHOS - GF DF & VG on request** \$20

Beef or veggie chilli, tortilla chips, melted cheese, sour cream, guacamole, jalapenos

**HEART ATTACK LOADED BREAKFAST SANDWICH** \$20

Bacon, 2 x fried egg, 2 x hashbrowns, cheese, relish & hollandaise

**CORN FRITTERS - DF & VG on request** \$20

Traditional corn fritters with salsa & sour cream. Choose avocado or bacon

With both avocado & bacon \$25

### EXTRAS

Sourdough or wholegrain, baked beans, egg \$3

Mushrooms, hash browns, avocado \$4

Bacon, sausage \$6

Small fries \$7

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## BITES

Available from 12pm

### CHIPS - GF VG DF on request

Shoestring or steak cut chips with ketchup & aioli

Large \$10

Small \$7

### POUTINE - GF & DF on request \$13

Shoestring or steak cut chips with gravy & melted cheese

### GARLIC PIZZA BREAD - GF & Vegan on request \$14

Garlic, mozzarella & oregano

### MUSHROOM ARANCINI \$14

With truffle aioli

### BREAD & DIPS \$15

Selection of breads with hummus, pesto & Olive oil/Balsamic vinegar

### SALT AND PEPPER SQUID - GF \$16

With tartare sauce & fresh lemon

### FISH TACOS - GF \$17

Battered Gurnard, two corn tortillas, avocado, burnt tomato sauce & slaw

### LAKE HAYES CHICKEN - GF \$16

Buttermilk fried chicken thigh, chipotle aioli & fresh lemon

GF - Gluten free on request

DF - Dairy free on request

VG - Vege on request

Gluten free bread & Vegan cheese available

Most meals can be modified

## PIZZA

Available from 12pm

Small Large

Margarita - Napoli sauce, Mozzarella \$12 \$20

Pepperoni - Mozzarella, pepperoni \$12 \$20

Hawaiian - Ham, cheese, pineapple \$12 \$20

Vege delight - Mushroom, spinach & red onion \$12 \$20

Chicken Party - Chicken, bacon, red onion, bbq sauce & rocket \$17 \$26

Meat Lovers - Bacon, pulled pork, roast beef, pepperoni & red onion \$17 \$26

Don't hurt my friends - Kumara, feta, spinach, red onion, almonds & balsamic vinegar glaze \$17 \$26

Gluten free base on request \$3 \$3

## BURGERS

Available from 12pm

All served with brioche bun & your choice of fries

### BEEF \$26

Homemade beef patty, cheddar, tomato, onion, gherkins, fancy lettuce & burger sauce

### CHICKEN \$26

Buttermilk fried chicken breast, slaw & chipotle mayo

### VEGGIE \$26

Veggie patty, lettuce, slaw, beetroot, avo, aioli & caramelised onion marmalade

### NO BREAD BUT MORE SALAD?

Turn any burger into a burger bowl \$19

add shoestring or steak cut chips \$7

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## MAINS

Available from 3pm

<b>RIBEYE STEAK - GF &amp; DF on request</b>	<b>\$32</b>
250grms prime ribeye, fresh salad with Italian dressing & your choice of mash or chips, creamy mushroom sauce or garlic butter	
<b>BBQ PORK RIBS</b>	<b>\$30</b>
Half rack of slow cooked bbq glazed baby back ribs, shoestring or steak cut chips and slaw	
<b>CHICKEN PARMIGIANA</b>	<b>\$28</b>
Crispy breaded chicken breast, melted mozzarella, Napoli sauce, shoestring or steak cut chips and slaw	
<b>FISH AND CHIPS - GF &amp; DF on request</b>	<b>\$29</b>
Tempura battered Gurnard, shoestring or steak cut chips, salad, tartare sauce and fresh lemon	
<b>MUSHROOM RISOTTO - VG</b>	<b>\$20</b>
Classic arborio rice, mushrooms and parmesan cheese	
Add Grilled Chicken	<b>\$5</b>
<b>NACHOS - GF VG or DF on request</b>	<b>\$20</b>
Beef or veggie chilli, tortilla chips, melted cheese, sour cream, guacamole, jalapenos	
<b>SHARING PLATTER</b>	<b>\$49</b>
Lake Hayes chicken, fried gurnard pieces, mushroom arancini, salt and pepper squid, garlic pizza bread and a 1/4 rack of bbq glazed baby back ribs	
<b>MEDITERRANEAN LAMB SALAD - GF &amp; DF on request</b>	<b>\$26</b>
Grilled lamb, lettuce, red onion, sun dried tomatoes, feta, cucumber and minted yoghurt dressing - Olives on request	
<b>CHICKEN &amp; KUMARA SALAD - GF, DF &amp; VG on request</b>	<b>\$20</b>
Roasted kumara, Quinoa, mixed greens, whole roasted almonds, avo & lemon dressing	
Add grilled chicken	<b>\$5</b>
<b>EXTRAS</b>	
Add chips, salad or sauteed veges	<b>\$7</b>

### ALLERGENS & DIETARY REQUIREMENTS

Gluten free bread and Vegan cheese available on request.

Most meals can be modified to accommodate your needs, please ask!

**GF - Gluten free on request**

**DF - Dairy free on request**

**VG - Vege on request**